


## HUMAN RESOURCES

March 28, 2016

The City of Valparaiso began utilizing the services of IU Health Occupational Services for our employee wellness screenings in 2011. Because they did such an outstanding job with our wellness program we decided to switch to IU Health for all of our occupational health and wellness needs in June of 2014. They treat our injured employees very timely and get them back to work as quickly and safely as possible. I have found the IU Health staff to be very professional and courteous in how they interact not only with me but all of our employees as well.

In 2015 we took the major step of asking IU Health to conduct a large ergonomics project for us. As part of this project, Amy Kolb completed a job site analysis on most of our field positions and then put together an essential function screening process for us. We have already seen a drop in our workers compensation renewal for 2016. It is with Amy's expertise and the heightened awareness of our employees and managers that have helped make the difference. It was, in our opinion, time and resources well spent.

I am pleased to recommend IU Health Occupational Services to any company that may be considering them for occupational health, ergonomics, or corporate wellness services.

Sincerely,  
  
Lynn Gralik, SPHR, SHRM-CP  
Human Resources Director  
City of Valparaiso